

# WM CARES

West Midlands Collaborative Actioning Research in End-of-life and Supportive care

## Newsletter 1 Autumn 2016

### What is WM CARES?

WM CARES (West Midlands Collaborative Actioning Research in End of life and Supportive care) is a trainee led research collaborative.

We are a collaborative that will conduct research in the palliative care setting within the West Midlands. We aim to improve patient care and services, regionally and nationally, while increasing trainee participation in research activities.

Trainee led collaboratives in other specialities (such as WM Research Collaborative, a surgical research collaborative) have been very successful in producing high quality research, enabling trainees to develop research skills and experiences and ultimately improving patient care.

### WM CARES Launch



It was fantastic to see so many people at our launch. The support and enthusiasm for the project was overwhelming.

Dr Clare Marlow, Sandra Prew, Julie Machin and Rebecca Burt discussed the role of the NIHR CRN (National Institute for Health Research Clinical Research Network) and how the NIHR CRN West



Midlands Supportive and Palliative Care Research Team have facilitated increasing involvement in research in this specialty, particularly with regard to supporting more hospices within the West Midlands to become research ready and active. The collaborative will work closely with the NIHR CRN West Midlands, with both Dr Marlow and Sandra Prew sitting on the WM CARES committee.

The positive energy, vibe and feedback following the launch has been excellent and we hope to harness this energy collaborating with palliative care professionals in all sectors. Our moto will be 'nothing is impossible'.

### Stay Connected

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WM CARES

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